

# SYLLABUS: COMM 3624

## COMMUNICATION IN PERSONAL RELATIONSHIPS

### JOURNALISM 106; SP2023 (HYBRID)

**Instructor:** Prof. Hillary Shulman

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**Office:** 3140 Derby Hall

**Office hours:** Wednesdays 10-12pm or by appointment via Zoom or in-person, email me to schedule

## Course Information

### Course description

This course is designed to be an advanced level survey of theory and topics concerning the role of communication in relationships. This course intends to touch up several different communication issues that address the role of relationships to the self and society.

### Course goals and outcomes

1. Help students learn how to diagnose problems in interpersonal communication systems.
2. Help students develop their interpersonal skills by expanding their understanding and use of a range of functional communication strategies.
3. Help students recognize the needs and goals at play in various relational encounters and to apply strategies that help them navigate these encounters successfully.

### Mode of delivery

As a hybrid course, this class will consist of a mixture of online and in-person lectures, though my intention is to hold most lectures in-person. There will, however, be some weekly lectures online offered in an asynchronous mode to add some flexibility to the course given the evolving issues surrounding COVID-19. Students should assume that all lectures will be held in-person unless they hear otherwise from the instructor.

### How this course works

Every week in this class will be a new topic. For each topic, a few items can be expected: a lecture, reading, an associated reading quiz, and an online activity. All due dates are posted in the course calendar. Additionally, guidelines about scheduling are written into the calendar as well, such as, "please complete before watching the lecture". Although this is the typical weekly

schedule, on some weeks some of these features may vary. Therefore, please get in the habit of consulting this syllabus often and turning on your Carmen notifications.

## Course materials

### Required

All readings will be provided on Carmen, so no book or reader is required.

## Grading and faculty response

### Grading

The following are the points and/or percentage values for each assignment

Assignments	Points and/or Percentage
Weekly Online Activities (10 @ 5 points)	50 (19%)
Weekly Reading Quiz (10 @ 5 points)	50 (19%)
Exams, Non-Cumulative (3 @ 50 points each)	150 (56%)
Final Reflection Paper (15 points)	15 (5%)
<b>Total</b>	<b>265 points</b>

## Assignment Information

**\*\*\*Mandatory Syllabus Quiz:** All students who wish to take this course MUST take the syllabus quiz posted online. At the end of the quiz, all students must sign their name indicating they understand and agree to course policy. Students taking the quiz before **10:20am on 1/24** can earn up to **5 extra credit points** (point total subject to quiz performance). Feel free to have your syllabi in hand while you take the quiz to improve performance. There will, however, be a one-hour time limit. Students who enroll late or take the quiz after this date will not earn any extra points but still **must take (and sign) the quiz before exam 1 to participate in the course**. If you haven't taken this quiz you will NOT be allowed to take the first exam. This quiz is viewed as your acceptance of a class contract and is very important for creating a cooperative and fair class environment.

**Weekly online activities:** Each week there will be an online assignment meant to help students apply what they have learned. Each week an instruction sheet will guide students through the assignment. Because these assignments will differ in format, it is critical that students make sure they follow each module's instructions very carefully. The failure to follow these instructions will result in a loss of points. Most assignments will have an accompanying grading rubric as well to help clarify the grading process. Additionally, please upload these files using Microsoft word or pdf only (**do not use "pages"**).

Please note that once you begin these assignments, you may only have a one-hour time limit, so plan your time wisely. You also may only be able to access these assignments once, so if you get timed out, you will lose access and any points missed.

**Weekly reading quizzes:** Rather than one textbook, students will often read a variety of materials to help learn the content in this course. These reading quizzes are designed to help you read these materials more effectively (and quickly!). To do well on these quizzes make sure to have done the reading already and, if possible, have the reading nearby to consult as these can be open note quizzes. Please note, these quizzes will have an hour time limit. Additionally, once submitted, these quizzes cannot be redone, so make sure you press “submit” when you are ready to submit. **Unless otherwise specified, these quizzes will be due at 10:20am before the lecture that discusses this content is scheduled to take place.**

**Exams:** You will have three exams in this course (taken individually, not in groups). The exams will contain multiple-type test questions, possibly including: True/False, Multiple Choice, Matching, and Open-Ended Questions. Exams questions will be generated from the material covered in class lectures and readings and will not be cumulative. All exams will be held online within a certain timeframe on Carmen. Please read all the rules before taking each exam so you are acquainted with time limits and expectations.

**Final Reflection Paper:** The goal of this class is ultimately to help you make better interpersonal decisions in the relationships that matter to you. The final paper should be viewed as a personal reflection on ways you can build upon your interpersonal skills. The question prompt for this essay is: **What are a few specific actions you can take to become a better interpersonal communicator and nurture your interpersonal relationships?** The only requirement for answering this question in your paper is that you must draw upon 3 class concepts discussed at any point in the semester when answering this question. Additional instructions regarding format are included on Carmen, so please read beforehand.

## Late assignments

Although our situation has certainly improved, these remain unprecedented and unpredictable times. The challenge I face is to provide much needed flexibility for students who are likely to experience more unforeseeable circumstances than usual while also to maintaining a class structure at a reasonably uniform pace. If an issue arises that prevents a student from completing an assignment on-time, please contact the instructor AS SOON AS POSSIBLE. Accommodations will be made on a case-by-case basis. Pending an exceptional circumstance, late reading quizzes and reflection papers will be subject to the following penalties:

- 1-minute to 24 hours late (-1 point)

- 24 hours to 48 hours late (-2 points)
- 48 hours to 72 hours (-3 points)
- +72 hours will not be allowed

Please note that Exams are not included in this policy.

## OSU grading scale

93–100: A	73–76.9: C
90–92.9: A-	70 –72.9: C-
87–89.9: B+	67 –69.9: D+
83–86.9: B	60 –66.9: D
80–82.9: B-	Below 60: E
77–79.9: C+	

**Please note:** Carmen Canvas, OSU’s grading and class management software, does not round fractions up. Please take that into account in computing grades. **I do not manually round up grades.** There will be opportunities for extra credit for students who choose to earn those points.

## Attendance, participation, and discussions

### Credit hour and work expectation

This is a 3-credit-hour course. According to Ohio State policy, students should expect around 3 hours per week of time spent on direct instruction (instructor content and Carmen activities, for example) in addition to 6 hours of homework (reading and assignment preparation, for example) to receive a grade of (C) average. [ASC Honors](#) provides an excellent guide to scheduling and study expectations.

### Faculty feedback and response time

I am providing the following list to give you an idea of my intended availability throughout the course. (Remember that you can call **614-688-HELP** at any time if you have a technical problem.)

Grading and feedback:

For large weekly assignments, you can generally expect feedback within **7-10 days**.

E-mail:

I will reply to e-mails within **24 hours on school days**.

Discussion board:

I will check and reply to messages in the discussion boards every **24 hours on school days**.

## Discussion and communication guidelines

The following are my expectations for how we should communicate as a class. Above all, please remember to be respectful and thoughtful.

- **Tone and civility:** Let's maintain a supportive learning community where everyone feels safe and where people can disagree amicably. Remember that sarcasm doesn't always come across online and is not always appreciated in-person. The instructor and TA both work very hard to provide a positive learning experience. Please keep this in mind and remain civilized and respectful in your class communications.
- **Citing your sources:** When we have academic discussions, please cite your sources to back up what you say. (For the textbook or other course materials, please use APA style. For online sources, be sure to include a link.)

## Challenging Grades

There may be instances in which students feel as though the grade posted in the gradebook is inaccurate. This inaccuracy could be based on instructor error or an instance in which the student feels they can make a case for a different grade. In either instance, students must contact the instructor **within two weeks** of the date in which the grade was posted. After this time, the grade on that assignment will be considered “closed”. Thus, students are encouraged to monitor their grades throughout the semester and challenge any decisions as soon as possible.

## Encouraging an optimal learning experience

Previous distance learning and hybrid courses have provided insights from students on how to improve the learning experience and optimize outcomes. Here are a few tips from previous students to encourage your success in this hybrid course:

- Students kept up with the Schedule and assignment due dates.
- Students made sure they had access to a reliable internet connection.
- Students had access to at least one reliable device and a backup plan in case of a technological issue.
- Students have made plans to back up work. OSU provides free access to data storage through [Microsoft One Drive](#).
- Students reported that completing assigned readings before class helped them to be prepared to follow along with lectures and participate in discussions.
- Students scheduled time to complete activities at a steady pace during the week. Keeping a schedule prevented a last minute rush and kept the workload manageable.
- Students approached the material by thinking about the connections between readings, lectures, and assignments.
- Students followed the instructor's preference for camera and microphone settings during online synchronous meetings.

## Course technology

For help with your password, university e-mail, Carmen, or any other technology issues, questions, or requests, contact the OSU IT Service Desk. Standard support hours are available at <https://ocio.osu.edu/help/hours>, and support for urgent issues is available 24x7.

- **Carmen:**

- Carmen, Ohio State's Learning Management System, will be used to host materials and activities throughout this course. To access Carmen, visit [Carmen.osu.edu](https://carmen.osu.edu). Log in to Carmen using your name.# and password. If you have not setup a name.# and password, visit [my.osu.edu](https://my.osu.edu).
- Help guides on the use of Carmen can be found at <https://resourcecenter.odde.osu.edu/carmen>
- This hybrid course requires use of Carmen (Ohio State's learning management system) and other online communication and multimedia tools. If you need additional services to use these technologies, please request accommodations with your instructor.
  - [Carmen accessibility](#)

- **Carmen Zoom:**

- Office hours will be held through Ohio State's conferencing platform, Carmen Zoom. A separate guide to accessing Carmen Zoom and our office hours is posted on the course Carmen page under Files.
- Students may use the audio and video functions if a webcam and microphone are available. If not, there is still a chat function within Carmen Zoom for the student to live chat with the professor or TA in the virtual office hours room.
- [Carmen Zoom](#) help guide

- **Self-Service and Chat support:** <http://ocio.osu.edu/selfservice>
- **Phone:** 614-688-HELP (4357)
- **Email:** [8help@osu.edu](mailto:8help@osu.edu)
- **TDD:** 614-688-8743

### Baseline technical skills necessary for online courses

- Basic computer and web-browsing skills
- Navigating Carmen

### Necessary equipment

- Computer: current Mac (OS X) or PC (Windows 7+) with high-speed internet connection
- Web cam and microphone

## Necessary software

- Word processor with the ability to save files under .doc, .docx, .rtf, or .pdf. Most popular word processing software programs including Microsoft Word and Mac Pages have these abilities.
- OSU students have access to Microsoft Office products free of charge. To install, please visit [https://osuitsm.service-now.com/selfservice/kb\\_view.do?sysparm\\_article=kb04733](https://osuitsm.service-now.com/selfservice/kb_view.do?sysparm_article=kb04733)

## Other course policies

### Student Academic Services

Arts and Sciences Advising and Academic Services' website provides support for student academic success. Information on advising issues such as tutoring, transfer credits, academic standing, and contact information for Arts and Sciences advisors can be obtained through this website. The site is: <http://advising.osu.edu/welcome.shtml>

### Student Services

The Student Service Center assists with financial aid matters, tuition and fee payments. Please see their site at: <http://ssc.osu.edu>

### Copyright Disclaimer

The materials used in connection with this course may be subject to copyright protection and are only for the use of students officially enrolled in the course for the educational purposes associated with the course. Copyright law must be considered before copying, retaining, or disseminating materials outside of the course.

### Diversity

The School of Communication at The Ohio State University embraces and maintains an environment that respects diverse traditions, heritages, experiences, and people. Our commitment to diversity moves beyond mere tolerance to recognizing, understanding, and welcoming the contributions of diverse groups and the value group members possess as individuals. In our School, the faculty, students, and staff are dedicated to building a tradition of diversity with principles of equal opportunity, personal respect, and the intellectual interests of those who comprise diverse cultures.

### Title IX

Title IX makes it clear that violence and harassment based on sex and gender are Civil Rights offenses subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories (e.g., race). If you or someone you know has been

sexually harassed or assaulted, you may find the appropriate resources at <http://titleix.osu.edu> or by contacting the Interim Ohio State Title IX Coordinator, Molly Peirano, at [titleix@osu.edu](mailto:titleix@osu.edu)

## Mental Health

As a student you may experience a range of issues that can cause barriers to learning, such as strained relationships, increased anxiety, alcohol/drug problems, feeling down, difficulty concentrating and/or lack of motivation. These mental health concerns or stressful events may lead to diminished academic performance or reduce a student's ability to participate in daily activities. The Ohio State University offers services to assist you with addressing these and other concerns you may be experiencing.

If you are or someone you know is suffering from any of the aforementioned conditions, you can learn more about the broad range of confidential mental health services available on campus via the Office of Student Life's Counseling and Consultation Service (CCS) by visiting [ccs.osu.edu](http://ccs.osu.edu) or calling 614--292--5766. CCS is located on the 4th Floor of the Younkin Success Center and 10th Floor of Lincoln Tower. You can reach an on-call counselor when CCS is closed at 614-292-5766.

If you are thinking of harming yourself or need a safe, non-judgmental place to talk, or if you are worried about someone else and need advice about what to do, 24-hour emergency help is also available through the Suicide Prevention Hotline (Columbus: 614-221-5445)

## COVID-19 and Illness Policies

### Student illness or absence

In the event you must quarantine because of exposure to someone diagnosed with COVID-19 OR you are feeling ill with COVID-19 symptoms, you still will be able to make progress in this class. Please contact your instructor right away, as some accommodations may require extra set-up or planning. The quarantine plan for this course is to record the class session and post the recording on Carmen. This requires a minimum of 1 hour advance notice for device and room set-up.

If *you* are too ill to participate in this course due to COVID-19 or another illness, please contact the instructor as soon as you are able prior to the next class meeting. All materials will be made available on Carmen, including lecture recordings and slides. At least 1 hour advance notice is necessary for device and room set-up. Alternate assignments or extensions may be arranged.

### Instructor illness or absence

If the *instructor* is quarantined or is experiencing respiratory symptoms but is well enough to teach, the in-person sessions will be moved online to Zoom. You will be notified via email no later than 3 hours before the class is scheduled to meet. Given that this is a morning class, please get in the habit of checking your email before you leave.



If the *instructor* is too ill to teach the course for a period of time, the designated backup for this course will step in. You will be notified via email from the School of Communication.

## Campus closure

Should The Ohio State University Main Campus move to full online instruction due to closure, please wait for your instructor to email directions for the next session. Our in-person classes will be moved to Zoom and links to the meetings will be provided.

## Academic integrity policy

### Policies for this hybrid course

- **Written assignments:** Your written assignments, including discussion posts, should be your own original work. In formal assignments, you should follow **APA** style to cite the ideas and words of your research sources. You are encouraged to ask a trusted person to proofread your assignments before you turn them in--but no one else should revise or rewrite your work.
- **Reusing past work:** In general, you are prohibited in university courses from turning in work from a past class to your current class, even if you modify it. If you want to build on past research or revisit a topic you've explored in previous courses, please discuss the situation with me.
- **Falsifying research or results:** All research you will conduct in this course is intended to be a learning experience; you should never feel tempted to make your results or your library research look more successful than it was.

### Academic Misconduct

It is the responsibility of the Committee on Academic Misconduct to investigate or establish procedures for the investigation of all reported cases of student academic misconduct. The term "academic misconduct" includes all forms of student academic misconduct wherever committed; illustrated by, but not limited to, cases of plagiarism and dishonest practices in connection with examinations. Instructors shall report all instances of alleged academic misconduct to the committee (Faculty Rule 3335-5-487). For additional information, see the Code of Student Conduct <http://studentlife.osu.edu/csc/>

## Accessibility accommodations for students with disabilities

### Requesting accommodations

Students with disabilities (including mental health, chronic or temporary medical conditions) that have been certified by the Office of Student Life Disability Services will be appropriately accommodated and should inform the instructor as soon as possible of their needs. The Office of Student Life Disability Services is located in 098 Baker Hall, 113 W. 12th Avenue; telephone 614- 292-3307, [slds@osu.edu](mailto:slds@osu.edu); [slds.osu.edu](http://slds.osu.edu).

## Course schedule (tentative)

PLEASE NOTE THAT THIS CALENDAR IS TENTATIVE AND SUBJECT TO CHANGE. STUDENTS ARE RESPONSIBLE FOR KEEPING TRACK OF THESE DATES SO GET IN THE HABT OF CHECKING THE SYLLABUS REGULARLY.

Week/Date	Week Overview and Assignments
<b>Part II: Definitions and Relationship Beginnings</b>	
<b>1</b>  <b>1/10</b>	<b>Introduction to Course and Defining Relational Communication</b> <i>Read the Syllabus</i>  <u>Online</u> Syllabus Quiz due by 1/24 @ 10:20am for extra credit, must be completed by exam 1 to remain in course
<b>2</b>  <b>1/17</b>	<b>The “Personal” in Personal Relationships</b> <i>Read Miller and Steinberg</i>  <u>Online</u> Complete Reading Quiz #1, due 1/17 by 10:20am Complete Online Activity #1, due 1/20 by 11:59pm Complete Syllabus Quiz on Carmen if not completed yet
<b>3</b>  <b>1/24</b>	<b>Impression Formation: It Begins with you</b> <i>Read Goffman</i> <i>Optional reading “We’re all awkward now” from the NYT (on Carmen)</i>  <u>Online</u> Last chance to complete Syllabus Quiz for extra credit points! Complete Reading Quiz #2, due 1/24 by 10:20am Complete Online Activity #2, due 1/27 by 11:59pm
<b>4</b>  <b>1/31</b>	<b>Self-Disclosure</b> <i>Read Ch 6: Revealing and Hiding Ourselves</i>  <u>Online</u> Complete Reading Quiz #3, due 1/31 by 10:20am Complete Online Activity #3, due 2/3 by 11:59pm
<b>5</b>  <b>2/7</b>	<b>EXAM ONE</b> (available on Carmen from 9am – 1pm, time limit of 55 min)
<b>Part II: Common Issues in Relationships</b>	

<b>6</b>  <b>2/14</b>	<b>Communicating Closeness and Valentine's Day Q&amp;A</b> <i>Read Ch. 7: Communicating Closeness</i>  <u>Online</u> Complete Reading Quiz #4, due 2/14 by 10:20am Complete Online Activity #4, due 2/17 by 11:59pm
<b>7</b>  <b>2/21</b>	<b>Uncertainty and Expectancy Violations</b> <i>Read Ch. 4: Making sense of our world</i>  <u>Online</u> Complete Reading Quiz #5, due 2/21 by 10:20am Complete Online Activity #5, due 2/24 by 11:59pm
<b>8</b>  <b>2/28</b>	<b>Relational Turbulence</b> <i>Read Solomon (2016)</i>  <u>Online</u> Complete Reading Quiz #6, due 2/28 by 10:20am Complete Online Activity #6, due 3/3 by 11:59pm
<b>9</b>  <b>3/7</b>	<b>Exam Two</b> (available on Carmen from 9am – 1pm, time limit of 55 min)
<b>10</b>  <b>3/14</b>	<b>SPRING BREAK – NO CLASS</b>
<b>Part III: Endings, Beginnings, and Blah's</b>	
<b>11</b>  <b>3/21</b>	<b>Relational Dynamics</b> <i>Read Ch. 9 Dynamics of IP</i>  <u>Online</u> Complete Reading Quiz #7, due 3/21 by 10:20am Complete Online Activity #7, due 3/24 by 11:59pm
<b>12</b>  <b>3/28</b>	<b>Conflict and Break-ups</b> <i>Read Ch. 10 McCornack</i>  <u>Online</u> Complete Reading Quiz #8, due 3/28 by 10:20am

	Complete Online Activity #8, due 3/31 by 11:59pm
<b>13</b>  <b>4/4</b>	<b>Healing the Hurt: Relationship Repair</b> <i>Read Ch. 14: Healing the Hurt</i>  <u>Online</u> Complete Reading Quiz #9, due 4/4 by 10:20am Complete Online Activity #9, due 4/7 by 11:59pm
<b>14</b>  <b>4/11</b>	<b>Maintenance and Skills</b> <i>Read "How to talk to people" and Chpt 7: Spitzberg</i>  <u>Online</u> Complete Reading Quiz #10, due 4/11 by 10:20am Complete Online Activity #10, due 4/14 by 11:59pm  Begin the final reflection paper, due 4/23 by 11:59pm
<b>15</b>  <b>4/18</b>	<b>Final Exam</b> (Available on Carmen from 9am – 1pm, time limit of 55 min.) <i>Non-Cumulative, only contains material from Part III</i>  <b>Final Paper</b> , due 4/23 by 11:59pm

## Required Reading List

Miller, G. R. & Steinberg, M. (1975). *Between people: A new analysis of interpersonal communication*. Chapter 1.

Goffman, E. (1955). On face-work. *Psychiatry*, 18, 213.

Guerrero, L. K., Anderson, P. A., & Afifi, W. A. (2021, 6<sup>th</sup> Ed.). *Close encounters: Communication in Relationships*. Sage Publication. Chapters (in the order read for the course) 6, 7, 4, 14

Solomon, D. (2016). Relational turbulence model. In C. R. Berger and M. E. Roloff (Eds.), *The international encyclopedia of interpersonal communication*. John Wiley & Sons, Inc.

Adler, R. B., Rosenfeld, L. B., Proctor, R. F. (2013, 12<sup>th</sup> Ed.). *Interplay: The process of interpersonal communication*. Oxford University Press. Chapters (in the order read for the course) 9, 10

McCornack, S., & Morrison, K. (2019, 5<sup>th</sup> ed). *Reflect & relate: An introduction to interpersonal communication*. Bedford St. Martin. Chapter 10

Kerr, J. (Nov. 17, 2019). "How to talk to people, according to Terry Gross". *The New York Times*, available from <https://www.nytimes.com/2018/11/17/style/self-care/terry-gross-conversation-advice.html>

Spitzberg, B. H. Communication competence and interpersonal communication (Chapter 7).